



Matt Jones' Introduction

Important: The introduction of Matt Jones is a key element of his presentation. Reading it in an upbeat and energetic way creates the right mood and atmosphere, allowing the audience to get the full value and experience from Matt Jones.

Matt Jones is a three-time cancer conqueror, professional speaker, and author.

On Sept. 11, 2002 at the age of twenty-three, he was diagnosed with cancer. The cancer spread to his brain and he slipped into an unconscious state. His doctors did not think he would live.

Against all odds Matt recovered. He had a bone marrow transplant, had to relearn how to walk, and has completed the San Diego and Rome Marathon. He is working towards his goal of completing a marathon on every continent.

Using the marathon as a metaphor Matt shares strategies to overcome adversity, stay motivated, and achieve greater success.

He is the author of *Going Through Hell? Don't Stop!*, *101 Timeless Truths*, and *Life's a Marathon*.

Matt lives in Costa Mesa, California, with his wife Ariella and their pug Stitch and cat Mocha.

Let's give Matt Jones a **Big Round of Applause!**